

| FORGIVENESS REVIEW | |
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| How do I feel over all, having gone through this exercise? | |
| What other areas of confession would I have liked to have heard from my spouse? Why are these important to me? | |
| What feeling words (identified in my spouses letter) do I need to clarify for him/her to have a more accurate understanding of how this behavior affected me? | |
| What will have to happen before I feel I can forgive the items I responded to with a "no" or "not yet?" (The emphasis here is on what kind of behavior and how much time needs to pass before you feel like you can truly let go of this item.) | |